

| | 16/6 (Sunday) | 17/6 (Monday) | | | | 18/6 (Tuesday) | | 19/6 (Wed.) | 20/6 (Thursday) | | | | 21/6 (Friday) |
|----------------|--|--|--|--------------------------------------|--------------------------------------|--|---|--|--|---|--|--|---|
| 8:30 10:00 | Arrival | Welcome by the organisers (10 min.) & Lecture 1: Quantum mechanics for NMR Mathies (Teatre Hall) | | | | Lecture 3 : DFT calculation of NMR parameters Mueller (Teatre Hall) | | Lecture 6 : probes and cryomagnets for ssNMR Engelke (Teatre Hall) | Lecture 8 : Decoupling and recoupling Polenova (Teatre Hall) | | | | Lecture 10 : Hyperpolarisation (I) Hope (Teatre Hall) |
| 10:00 10:30 | | Break (Atrium columns) | | | | Break (Atrium columns) | | Break (Atrium columns) | Break (Atrium columns) | | | | Break (Atrium columns) |
| 10:30 12:00 | | Lecture 2 : NMR Hamiltonians and magic-angle spinning Levitt (Teatre Hall) | | | | Lecture 4 : Quadrupoles Grandinetti (Teatre Hall) | | Lecture 7 : Relaxation Lewandowski (Teatre Hall) | Lecture 9 : Paramagnetic NMR Grey (Teatre Hall) | | | | Lecture 11 : Hyperpolarisation (II) Mathies (Teatre Hall) |
| 12:00 13:00 | | Lunch | | | | Lunch | | | Lunch | | | | |
| 13:00 13:45 | | Processing Vosegaard (Room 6) | Pulse progr. basics Althoff (Teatre Hall) | Circuits basics Grandinetti (Room 7) | Phase cycling Hope (Room 4) | Lecture 5 : The origin of chemical shift Copéret (Teatre Hall) | | | Hands-on ssNMR Perrone (Room 7) | Models of relaxation Lewandowski (Theatre Hall) | Machine learning tools for data anal. Grandinetti (Room 6) | Pulse progr. advanced Polenova (Room 4) | |
| 13:45 14:30 | | Pulse progr. basics Althoff (Teatre Hall) | Processing Vosegaard (Room 6) | Phase cycling Hope (Room 4) | Circuits basics Grandinetti (Room 7) | Instrumental: CryoMAS probes and automation in MAS NMR Perrone (Teatre Hall) | | | Models of relaxation Lewandowski (Theatre Hall) | Hands-on ssNMR Perrone (Room 7) | Pulse progr. advanced Polenova (Room 4) | Machine learning tools for data anal. Grandinetti (Room 6) | |
| 14:30 15:00 | | Break (Atrium columns) | | | | Break (Atrium columns) | | | Break (Atrium columns) | | | | |
| 15:00 16:30 | | From Hamiltonians to spectra Levitt (Teatre Hall) | | | | Simulations of MAS NMR spectra Vosegaard (Room 2) | DFT calculation of NMR parameters Mueller (Room 6) | Relaxation (Practicals) | DFT calculation of NMR parameters Mueller (Room 2) | | Simulations of MAS NMR spectra Vosegaard (Room 6) | | Departure |
| 16:30 17:00 | | Break (Atrium columns) | | | | Break (Atrium columns) | | | Break (Atrium columns) | | | | |
| 17:00 19:00 | | Welcome | Round tables/ Flash talks (Groups - Theatre Hall, Room 2, 5, 6 & 7) (Finish 18:30) | | | | Round tables/ Flash talks (Groups - Theatre Hall, Room 2, 5, 6 & 7) | | | Group discussions with teachers and tutors (Teatre Hall) (Finish 18:30) | | | |
| 19:00 20:00 | Cocktail and dinner (Garden & Curved room) | Break | | | | Break | | | Break | | | | |
| 20:00 22:00 | | Pizza downtown (Downtown) | | | | Barbecue (BBQ area) | | | Aperitif and Table-service gala dinner (Terrasse) | | | | |